



Infant Program Schedule

8:00 AM - 9:00 AM: Arrival and Free Play- Greet infants and parents.

- Free play with age-appropriate toys.

9:00 AM - 10:00 AM: Morning Snack/bottles- Homemade morning snack provided.

- Clean-up.
- Diaper Check

*** 9:00 AM - 10:00 AM: First Nap Time-** Short nap time in a comfortable and safe environment.

9:30 AM – 10:00 AM Circle Time- Songs, stories, and interactive activities.

- Puppets/finger plays
- Introduction to the day's theme.

10:00 AM - 11:30 AM: Sensory Play- Sensory bins, water play, or other tactile activities.

- One on one time
- Music and Movement
- Singing, dancing, and playing with musical instruments

11:30 AM - 12:30 PM: Lunch/bottles - Homemade lunch from home

- Clean-up and diaper checks.

***12:30 PM - 3:00 PM: Nap Time-** Longer nap time in a comfortable and safe environment.

12:30 PM - 3:00 PM: One-on-one Time and Wake-Up Routine-Individual interaction with caregivers.

- Focused activities based on each infant's needs and interests.
- Gradual wake-up and diaper checks.

3:00 PM - 3:30 PM: Afternoon Snack- Homemade afternoon snack provided.

- Clean-up.

3:30 PM - 4:00 PM: Art and Creative Play- Hand Eye coordination Practice

- Art projects and creative activities.

***4:00 PM - 5:00 PM: Third Nap Time-** Quiet time for short naps in a comfortable and safe environment. - Last Diaper check at 5PM

5:00 PM - 5:30 PM: Free Play and Departure - Free play with age-appropriate toys.

- Prepare infants for pick-up

Please note that the infant program schedule will follow each child's individual needs during the transition. Naps will depend on the child's age. As they grow, the number of naps will be reduced to two then to one nap. When your child turns 13 months or older, we will help them gradually transition to one nap to align with the preschooler schedule, and they can start eating school snacks and lunch. Parents are required to provide whole milk for children under the age of 2.